

Some Planning Committee Members

Warren Amos, Busola Arimoro, Wayne Bailey, Ryan Burke,
Josephine Fosuwa, Heather Gordon, Howard Green,
Deborah Hunte, Joseph Kalath, Jude Kamal, Shereese Maragh,
Eric Mcconnachie, Serena Thompson,
Tanya Williams, Helen Zivras

Featured Collaborating Red Blood Cell Groups

The Sickle Cell Association of Ontario
Sickle Cell Awareness Group of Ontario
Thalassemia Foundation of Canada

Sponsors

UHN – Toronto General Hospital
Canterbury Place Retirement Residence
Chartwell Retirement Residences
Hazelton Place Retirement Residence

Thank You

To all the Volunteers for their time
To UHN – Toronto General for hosting this event
To our presenters, entertainers and honoured guests



HEALTH IS OUR WEALTH



Red Blood Cell Patient Forum 2014

You can't afford to miss this wonderful event

On Saturday March 22, 2014

7:30 AM – 4:00 PM

@ Toronto General Hospital, CSB 11th Floor Conference Room 1135
(University Entrance)

FREE ADMISSION

Breakfast, Lunch & Refreshments will be Provided

This Event is being developed by patients with Sickle Cell, Thalassemia & other Red Blood Cell Disorders to inspire and motivate patients to build resilience and develop leadership skills.

This is a unique event featuring educational presentations, visual & performing arts and a talent show.

The topics to be addressed are: Transfusion & Blood Safety; Nutrition; Aging with a Chronic Illness; Self-Management; Illness Perception & Emergency Room Care. Presenters include patients and physicians.

Register A.S.A.P. as space is limited

To Register Contact: Stefanie, Heather or Joseph at (416) 340-4800 ext 3866 or 3605
or Email us at Joseph.kalath@uhn.ca
or Register on-line at <http://healthisourwealthforum2014.eventbrite.ca>

7:30 – 8:00 **BREAKFAST & REGISTRATION,**
Howard Green & Volunteers

8:00 – 8:15 **WELCOME & INTRODUCTIONS,**
Heather Gordon, Helen Zivras & Serena Thompson

8:15 – 8:45 Positive Self Perceptions
Jude Kamal & Deborah Hunte

8:45 – 9:30 Transfusion Principles + Q & A,
Dr. Jacob Pendergrast

9:30 – 10:00 Blood Safety + Q & A,
Riyad Elbard

10:00 – 10:15 Featured Talent:
Singing by Leanne Laylor

10:15 – 10:30 **BREAK**

10:30 – 11:00 Positive Reflections & Images,
Wayne Bailey, Jude Kamal, Eric Mcconnachie & Josephine Fosuwaa

11:00 – 11:30 Self Management + Q & A,
Bessie Calabria

11:30 – 12:00 Booth Tours Includes Emergency Room Care and Art Exhibits

12:00 – 1:00 **LUNCH + Mix & Mingle with Celebrities**
Featured Talent:
Steel Drumming by Suzette Vidale

1:00 – 1:15 Featured Talent:
Kirk Myrie with BTH Band

1:15 – 1:30 **WELCOME & INTRODUCTIONS,**
Ryan Burke & Busola Arimoro

1:30 – 2:15 Aging with a Chronic Illness+ Q & A,
Dr. Kevin Kuo

2:15 – 2:30 **BREAK**

2:30 – 3:00 Nutrition + Q & A,
Farah Sultan

3:00 – 3:15 Featured Talent:
Dance by Shereese Maragh & Spoken Word Poetry by Ryan Burke

3:15 – 4:00 **CLOSING REMARKS, PRESENTATIONS & EVALUATION,**
Warren Amos, Joseph Kalath, Tanya Williams

